

# Dowagiac Union Schools

November 2015



## Healthy High School Challenge 2015



Dowagiac Union High School participated in the Healthy High School Challenge. Out of 220 participating schools, Dowagiac Union High came in 70<sup>th</sup>. Each week of the challenge we would calculate how many of the healthy snacks and meals were purchased during lunch. Certain weeks we had double bonus items, such as, water, V8 Fusion drinks and Goldfish Crackers. There were 101 cash prizes and DUHS won \$500. This money will be split between the Student Council and Chieftain Hearts. Congratulations!!

## Big Apple Cruuuuunch!



Dowagiac Union Schools participated in the Big Apple Cruuuuunch on October 22. This event celebrated the apples of Southwestern Michigan. We had many great photo's and video's (Justus Gage FB page) that were shared. Thank you to all of the farmer's that donated the apples for this event.



# Future Chefs 2016

March 22, 2015 was Dowagiac's first Future Chef competition. It was decided to have the 5<sup>th</sup> graders submit recipes. The theme last year was Afterschool Snacks. We had over 25 entrees and with the help of Suzanne Dornman, we selected 12 students to participate in the contest. In the end, Sydney Kiner, Justus Gage 5<sup>th</sup> grader won. Her snack was a Pizzadilla.

The theme this year is Breakfast!! Start thinking of possible recipes that you may want to submit. Recipe forms will be passed out in December at our Future Chef meeting.

We are looking forward to the event on March 23<sup>rd</sup>, 2016 at the Middle School Cafeteria.



---

## Employee Spotlight: Tom Martin

Tom Martin has been an employee with Sodexo since 2006. Tom started as a driver, delivering the food to the elementary schools. Tom was recently promoted to an Operations Supervisor and he helps with the day to day management of the elementary sites. He is also a key person during the summer feeding program "Meet Up and Eat Up"!!

Thanks Tom for all that you do!

